

# Quiz: Myths and Truths Advance Care Planning

**Q. At what age should someone complete their advance directives?**

- At your first Medicare wellness check
- Anyone over 50
- Anyone 18 years or older

**Q. Which Living Will forms are recognized in Arizona?**

- Five Wishes Form
- Attorney generated form
- AZ Attorney General form
- All the above

**Q. Advance directive documents only instruct the doctor to not treat or to withhold certain medical treatments?**

- True
- False

**Q. Who can assist you in completing your advance directives? (check all that apply)?**

- Attorney
- Social Worker
- Family or close friend
- Healthcare providers
- Emergency personnel and Paramedics

**Q. Which of the following is not an advance directive?**

- Prehospital medical care directive
- Will or Living Trust
- Health Care Power of Attorney
- Mental Health Care Power of Attorney
- Living Will

**Q. You should not have a Mental Health Care Power of Attorney (MHCPOA) unless you are diagnosed**

**with a serious mental illness (SMI)?**

- True
- False

**Q. The AZ Health Care Directives Registry (AHDR) will allow only the patient/client to access their directives from the registry?**

- True
- False

**Q. What is the USA average percent of people who have completed an advance directive?**

- 20%
- 90%
- 30%
- 70%

**Q. The following people should be informed about your completed advance directives? (choose all that apply)**

- Your appointed health care agent
- Family members or loved one
- Esthetician
- Health care providers

**Q. Advance directives are not followed for certain illnesses such as Covid-19?**

- True
- False

**Q. How many people should you name as your health care power of attorney?**

- As many as possible, the more the merrier
- Two, so they can discuss the options and choose together
- One, with an alternate(s)

**Q. Can advance directives be changed once they have been completed, signed and**

**witnessed/notarized?**

- Yes, they may be changed or updated once a year.
- Yes, they may be changed or updated at any time
- No, the decisions are final and cannot be adjusted

**Q. Everyone should complete a prehospital medical care directive document as part of their advance directives?**

- True
- False

**Q. If I name a health care agent, I am going to hurt the feelings of those loved ones who were not chosen?**

- True
- False

**Q. If I name a health care agent, I am giving up the right to make my own decisions?**

- True
- False