



Quiz: Myths and Truths Advance Care Planning

Q. At what age should someone complete their advance directives?

- At your first Medicare wellness check
- Anyone over 50
- Anyone 18 years or older

Q. Which Living Will forms are recognized in Arizona?

- Five Wishes Form
- Attorney generated form
- AZ Attorney General form
- All the above

Q. Advance directive documents only instruct the doctor to not treat or to withhold certain medical treatments?

- True
- False

Q. Who can assist you in completing your advance directives? (check all that apply)?

- Attorney
- Social Worker
- Family or close friend
- Healthcare providers
- Emergency personnel and Paramedics

Q. Which of the following is not an advance directive?

- Prehospital medical care directive
- Will or Living Trust
- Health Care Power of Attorney
- Mental Health Care Power of Attorney
- Living Will

Q. You should not have a Mental Health Care Power of Attorney (MHCPOA) unless you are diagnosed

with a serious mental illness (SMI)?

- True
- False

Q. The AZ Health Care Directives Registry (AHDR) will allow only the patient/client to access their directives from the registry?

- True
- False

Q. What is the USA average percent of people who have completed an advance directive?

- 20%
- 90%
- 30%
- 70%

Q. The following people should be informed about your completed advance directives? (choose all that apply)

- Your appointed health care agent
- Family members or loved one
- Esthetician
- Health care providers

Q. Advance directives are not followed for certain illnesses such as Covid-19?

- True
- False

Q. How many people should you name as your health care power of attorney?

- As many as possible, the more the merrier
- Two, so they can discuss the options and choose together
- One, with an alternate(s)

Q. Can advance directives be changed once they have been completed, signed and

witnessed/notarized?

- Yes, they may be changed or updated once a year.
- Yes, they may be changed or updated at any time
- No, the decisions are final and cannot be adjusted

Q. Everyone should complete a prehospital medical care directive document as part of their advance directives?

- True
- False

Q. If I name a health care agent, I am going to hurt the feelings of those loved ones who were not chosen?

- True
- False

Q. If I name a health care agent, I am giving up the right to make my own decisions?

- True
- False