

# Arizona Resources on Advance Care Planning

## ADVANCE CARE PLANNING DOCUMENTS

You can access advance directives forms at no cost in several locations.

- **Arizona Hospital and Healthcare Association (AzHHA) | [azhha.org/tlc\\_forms](https://azhha.org/tlc_forms)**
  - Pre-hospital Medical Care Directive
  - POLST
  - Living Will (English & Spanish)
  - AZ Health Care Power of Attorney with Optional Mental Health Authority Short Form (English & Spanish)
- **Arizona Attorney General Life Care Planning Packet | [azag.gov](https://azag.gov)**
  - Pre-hospital Medical Care Directive
  - POLST
  - Living Will (English & Spanish)
  - AZ Health Care Power of Attorney (English & Spanish)
  - AZ Mental Care Power of Attorney (English & Spanish)
  - Advance Directives Registry Registration

## HAVING THE CONVERSATION

Many resources provide tools to start a conversation about advance care planning with loved ones and help guide your own decision-making.

- **Thoughtful Life Conversations | [azhha.org/tlc](https://azhha.org/tlc)**
- **Arizona End of Life Care Partnership | [azendoflifecare.org/resources](https://azendoflifecare.org/resources)**
- **Area Agency on Aging Advance Care Planning | [seago.org/advance-care-planning](https://seago.org/advance-care-planning)**
- **The Conversation Project | [theconversationproject.org](https://theconversationproject.org)**
- **The Conversation Project Video | [Who Will Speak for You?](https://www.theconversationproject.org/who-will-speak-for-you)**

- PREPARE | [prepareforyourcare.org](https://prepareforyourcare.org)
- Five Wishes | [fivewishes.org](https://fivewishes.org)
- SAGE – LGBT Elders Resources | [sageusa.org](https://sageusa.org)
- The African American Spiritual and Ethical Guide to End-of-Life Care | [amazon.com](https://amazon.com)
- GoWish Card Game | [codaalliance.org/go-wish](https://codaalliance.org/go-wish)
- Death Over Dinner | [deathoverdinner.org](https://deathoverdinner.org)
- Tools to Finish Strong | [compassionandchoices.org](https://compassionandchoices.org)

## LEGAL RESOURCES

While you do not need an attorney to complete advance directives documents, it may be helpful in some situations to work with an attorney if there are more complex family dynamics and estate concerns.

- Step up to Justice | [stepuptojustice.com](https://stepuptojustice.com)
- Arizona State Bar | [azbar.org](https://azbar.org)

## MISCELLANEOUS RESOURCES

- Donor Network of Arizona | [dnaz.org](https://dnaz.org)

For more information, visit [AZHDR.org](https://AZHDR.org).